



**SATURDAY, FEBRUARY 19TH, 2022**  
**KURE BEACH OCEAN FRONT PARK 105 ATLANTIC AVE KURE BEACH**

## Polar Plunge Schedule of Events

**11:00 am** Gates open. Enjoy live music, DJ, silent auction, raffle, costume contest, food & much more!

**11:00 am** On-site Registration/Package Pickup opens

**12:00 pm** Costume Contest

**1:00 pm** On-site Registration for race/Package Pickup close

**1:30 pm** 5k Starts

**1:35 pm** 1 Mile Run/Walk Starts

**2:00 pm** Raffle Closes

**2:30 pm** Silent Auction Closes

**3:00 pm** PLUNGE Line Up

**3:05 pm** PLUNGE

**3:20 pm** Awards Begin (This time is approximate)

## Fees to Participate

Plunge Only ..... \$30

5K Run Only (before Feb.12)..... \$30

5K Run Only after Feb.12 ..... \$35

5K Day of Event ..... \$35

Plunge with Pooch. .... \$35

1 Mile Fun Run/Walk. .... \$30 (All-Abilities)

Combo. .... \$40

Combo includes Plunge and 5K or 1 Mile Run

Opt out of t-shirt: \$5.00 discount.

***Students & Teachers Students and teachers who are plunging receive a \$10 discount.  
 (School ID is required)***

***\*\*prices will be raised on February 12th\*\****

## The more money you raise, the better the prize!

**Each family is encouraged to raise at least \$50 to help maintain free programming!**

Each participant will be eligible for prizes based on the amount of money they have personally raised.

- **\$50 - \$99** (\$30 for students, School ID required): Take the Polar Plunge and receive a t-shirt.
- **\$100 - \$199** Take the Polar Plunge and receive a long sleeve shirt and t-shirt.
- **\$200 - \$500** Take the Polar Plunge and receive a t-shirt, long sleeve and plunge sweatshirt.
- **\$500 - \$1000** Take the Polar Plunge and receive a t-shirt, long sleeve, plunge sweatshirt and jacket.

**Athletes who raise \$500 or more are eligible for a special trip!**

Please register at [www.specialolympicsnhc.com](http://www.specialolympicsnhc.com)

If you have any questions, please call 910-341-7253 or email [brooke.deamaral@wilmingtonnc.gov](mailto:brooke.deamaral@wilmingtonnc.gov)